

# United Way of the Lowcountry

## Priority Area: Health



<b><u>Overall Community Health</u></b>	
<i>Goal: To improve the overall Health outcomes of Beaufort and Jasper residents</i>	
Indicators	Outcomes
# of individuals (low income, under and uninsured) who decrease use of hospital emergency rooms due to having a medical home	Decreasing use of ER for routine health services
# of emergency room visits prevented due to individuals having a medical home	
# of individuals that receive free or discounted medication	Reduce negative health outcomes due to inability to pay for needed medications
Dollar value of free or discounted prescription medication (savings to individuals)	
# of medical/dental visits provided to low-income, under and uninsured individuals	Increase access to routine healthcare
# of individuals <u>who are at risk</u> for chronic disease that improve preventative health behavior	Improved disease prevention/management
# of individuals <u>with</u> a chronic disease or condition who improve disease management behavior	

<b><u>Independent Living For Seniors and Persons with Disabilities</u></b>	
<i>Goal: Seniors and persons with disabilities improve quality of life through maintaining health and independence at home, work and in the community</i>	
Indicators	Outcomes
# of seniors or persons with disabilities who receive in-home supports and services	Increased ability to remain independent
# of seniors or persons with disabilities who maintain or improve activities of daily living (ADL) skills	
# and % of participants who are able to remain in their home for 6-12 months due to support services or program participation	
# and % of participants who are able to remain in their home for 12+ months due to support services or program participation	
# of seniors or persons with disabilities who report/demonstrate relief from anxiety, depression or feelings of isolation	Increased quality of life for the seniors in our community, as well as the caregivers
# of seniors or persons with disabilities who attend a senior/community center or adult day/health program	
# of caregivers who demonstrate decreased stress levels as a result of increased knowledge /skills or participation in an established program for their loved ones	
# of caregivers who demonstrate increased knowledge and skills to assist them in caring for their loved ones	Caregivers are better equipped to care for their loved ones and allow them to remain at home/independent

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### **Empowering Victims and Preventing Abuse**

*Goal: Adults and children affected by family violence and sexual assault experience relief, recovery and rehabilitation*

Indicators	Outcomes
# of individuals who understand that reporting abuse is the right thing to do	Improved awareness of abuse and positive changes in behavior
# of individuals who demonstrate improved attitudes towards interpersonal violence	
# of individuals who report feeling safer following program intervention	Improved quality of life for abuse victims and their families
# of individuals who demonstrate relief from trauma related symptoms	
# of parents/caregivers who demonstrate improved parenting skills	Reducing the impact of violence on the family unit
# of survivors of intimate partner violence who develop a safety plan	Empowering victims and preventing future abuse

### **Mental Health**

*Goal: To improve outcomes of and access to mental health options for Beaufort and Jasper residents*

Indicators	Outcomes
# of individuals with diagnosed mental health conditions who improve clinical outcomes	Improved Mental Health
# of individuals who demonstrate improved social functioning as a result of services provided	Increased independence and quality of life
# of cases that show a reduction of time between referral and service provision/care	Increased access to mental health services