

United Way of the Lowcountry

Priority Area: Health



Overall Community Health

Goal: To improve the overall Health outcomes of Beaufort and Jasper residents

| Indicators | Outcomes |
|--|--|
| # of individuals (low income, under and uninsured) who decrease use of hospital emergency rooms due to having a medical home | Decreasing use of ER for routine health services |
| # of emergency room visits prevented due to individuals having a medical home | |
| # of individuals that receive free or discounted medication | Reduce negative health outcomes due to inability to pay for needed medications |
| Dollar value of free or discounted prescription medication (savings to individuals) | |
| # of medical/dental visits provided to low-income, under and uninsured individuals | Increase access to routine healthcare |
| # of individuals <u>who are at risk</u> for chronic disease that improve preventative health behavior | |
| # of individuals <u>with</u> a chronic disease or condition who improve disease management behavior | Improved disease prevention/management |

Independent Living For Seniors and Persons with Disabilities

Goal: Seniors and persons with disabilities improve quality of life through maintaining health and independence at home, work and in the community

| Indicators | Outcomes |
|--|--|
| # of seniors or persons with disabilities who receive in-home supports and services | |
| # of seniors or persons with disabilities who maintain or improve activities of daily living (ADL) skills | Increased ability to remain independent |
| # and % of participants who are able to remain in their home for 6-12 months due to support services or program participation | |
| # and % of participants who are able to remain in their home for 12+ months due to support services or program participation | |
| # of seniors or persons with disabilities who report/demonstrate relief from anxiety, depression or feelings of isolation | Increased quality of life for the seniors in our community, as well as the caregivers |
| # of seniors or persons with disabilities who attend a senior/community center or adult day/health program | |
| # of caregivers who demonstrate decreased stress levels as a result of increased knowledge /skills or participation in an established program for their loved ones | Caregivers are better equipped to care for their loved ones and allow them to remain at home/independent |
| # of caregivers who demonstrate increased knowledge and skills to assist them in caring for their loved ones | |

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Empowering Victims and Preventing Abuse

Goal: Adults and children affected by family violence and sexual assault experience relief, recovery and rehabilitation

| Indicators | Outcomes |
|--|---|
| # of individuals who understand that reporting abuse is the right thing to do | Improved awareness of abuse and positive changes in behavior |
| # of individuals who demonstrate improved attitudes towards interpersonal violence | |
| # of individuals who report feeling safer following program intervention | Improved quality of life for abuse victims and their families |
| # of individuals who demonstrate relief from trauma related symptoms | |
| # of parents/caregivers who demonstrate improved parenting skills | Reducing the impact of violence on the family unit |
| # of survivors of intimate partner violence who develop a safety plan | Empowering victims and preventing future abuse |

Mental Health

Goal: To improve outcomes of and access to mental health options for Beaufort and Jasper residents

| Indicators | Outcomes |
|---|--|
| # of individuals with diagnosed mental health conditions who improve clinical outcomes | Improved Mental Health |
| # of individuals who demonstrate improved social functioning as a result of services provided | Increased independence and quality of life |
| # of cases that show a reduction of time between referral and service provision/care | Increased access to mental health services |